

AUGUST 2018 NEWSLETTER

Leederville Gardens Retirement Estate

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Office Hours

Monday, Thursday & Friday 8.30am to 1.00pm

Tuesday & Wednesday 8.00am to 1.00pm then 2.30pm to 4.00pm

SALES UPDATE

- Villa 30 - Basic refurbishment and on the market for \$390,000.
- Villa 31 - Settlement is expected to proceed at end of August. We are really looking forward to welcoming new residents - Mary & Ted Bosman.
- Villa 48 - Fully refurbished. Recently under reservation, however, back on the market for \$470,000.
- Apartment 63 - Full refurbishment and on the market for \$430,000 - \$450,000.
- Apartment 66 - refurbished, on the market for \$295,000. There have been a number of further improvements done to the balcony, pendant lights over the breakfast bar, and bathroom finishes and skylight.



NEXT VISITS

Health

Dr Peter Winterton's upcoming visit:

- **Thursday 23rd August**



Podiatrist, Rosyln Griegg's upcoming visit:

- **Wednesday 8th and 22nd August**

Rosyln can be contacted on 0422 913 685 for an appointment.



Hair

Hairdressers Linley and Peta are in the Village on Friday mornings.

Contact Linley on 0418 940 566 or 9284 0530 after 5pm for an appointment.

LIBRARY ITEMS EXCHANGE

Next book exchange is on **Tuesday 7th August** followed by **Tuesday 28th August**.

Every three weeks, the books are exchanged at our village, which is a wonderful service. They will also take requests for particular books, so just leave a note in our library.

Residents are reminded that as part of City of Vincent's Library user terms and conditions, residents are required to:

- Take responsibility for all the items borrowed;
- Return all loaned items on the due date;
- Pay all charges imposed for late returns, recovery, damage or loss of library items.



BOOK CLUB

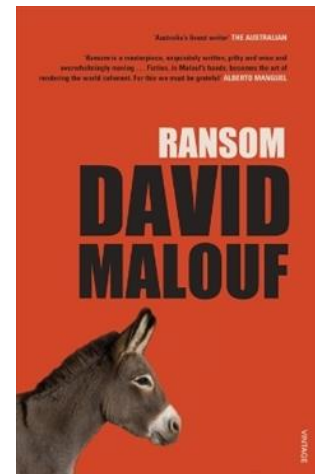
Date: Thursday 9th August 2018

Time: 4.00 pm

Place: Clubhouse Library

Discussion Book: "Ransom" by David Malouf

Our convenor Sandra, looks forward to welcoming everyone, especially new members.



BIRTHDAYS

Happy Birthday to the following residents for the month of August.

Lois Kershaw - Apt 55

John Atkinson - Apartment 64

Kay & Kevin Jones - Villa 21



MESSAGES FROM THE OFFICE

Maintenance Requests

Thank you for placing your maintenance requests in the box located in the Library. The box is cleared on Mondays and requests processed and prioritised during the week.

Tech savvy residents can log into the "Resident Area" of the Village website for such requests using your unique resident login recently provided to those with email/internet access.



The Village office **strongly encourages** all residents to please read their leases prior to submitting maintenance requests, to determine resident or village responsibility. Please note that verbal requests will not be accepted.

Focus Time

Thank you all for your ongoing support of this initiative.

As a polite reminder, the office hours for staff to assist residents are:

Monday, Thursday & Friday 8.30am - 1.00pm

Tuesday & Wednesday 8.00am - 1.00pm then 2.30pm - 4.00pm

Voice Mail

An answering service has been set up in the Village Office. Calls to 9242 5602 will be forwarded to a message bank if onsite staff are unavailable.



Residents are welcome to leave a message and onsite staff will return the call as soon as possible.

Care and Ageing Expo

The Expo will showcase the full spectrum of products and services in home care, residential aged care and retirement living that will assist the community to navigate through what can be a confusing journey.

Village Solutions Australia will be coordinating a panel discussion on Retirement Villages and Living, with WARVRA President, Residents from St Ives Mandurah, Leederville Gardens, Rangeview and Village Manager from Jacaranda Gardens in attendance with Fiona.

The expo will open from 9.30am to 4.30pm on August 4th and 5th. Entry is free for pension cardholders. Discounted tickets for concessions at \$5 and pre-purchase for adults at \$8. Door sales are \$7.50 for concessions and \$10 for adults.

Rosewood's First Birthday

Residents have been invited to attend Rosewood's first birthday celebrations. There'll be live entertainment and a BBQ.

Rosewood may be able to arrange a shuttle bus run for residents requiring transport. There's a sign-up sheet on the notice board, please RSVP by Wednesday 22nd August.

Date: Saturday 1st September 2018

Time: 10.00am - 2.00pm

Place: Rosewood, 5 Britannia Road, Leederville.



NEWS/UPDATES FROM YOUR VILLAGE COMMITTEES

LG Residents' Association Update - July 2018

Nominations for next year's Management Committee have been called for - 4 Executive Officers (Chair, Duty Chair, Secretary and Treasurer) and 4 Ordinary Members. From those 4 Ordinary Members a Social Secretary will be chosen at the first meeting after the AGM.

A new Clause to be inserted in the By-Laws, referring to the above, will be proposed at the Quarterly or AGM in August. According to the recently adopted Model Rules the Secretary is required to keep a register of all registered members, ie Residents.

Registration Forms will be filled out when Fees are collected at the AGM.

Many thanks to Maureen Brunn for volunteering to be our WARVRA Rep. Liz has offered to accompany her to the first meeting of the financial year.

There is a proposed plan for the new outdoor areas around the Clubhouse on the Notice Board. Residents are encouraged to view it. There are copies to be taken home to assess. Residents are invited to a special meeting where comments on the plans can be submitted and/or discussed. The meeting will be on Monday 6th August at 1.30pm. Residents are encouraged to attend.

Jill and Di attended the Board meeting on Thursday 19th July.

Residents' Association Management Committee

Knitting of Granny Squares

A selection of crocheted blankets were given to the group “Grandparents Rearing Grandchildren”.

If anyone would like to knit or crochet some granny squares and donate them to this cause, it would be very much appreciated.

Marilyn Lukey



Wednesday Afternoon Get Together

Join Jenny Spicer (Villa 11) and other residents on Wednesday afternoons for a cuppa and chat. If you like crochet, knitting or sewing, bring that along.

Jenny has knitting instructions from King Edward Memorial Hospital for premature babies’ beanies or cardigans. The hospital is always in need of these.

For more information, ring Jenny on 9201 2518.

Date: Every Wednesday

Time: 2.00pm

Place: Clubhouse



15 sets of prem-baby outfits and 75 beanies have been made.

Blueberry Lemon Quick Bread Loaf

Ingredients

Dry

- 1 3/4 cups / 265g plain white flour
- 1 cup / 220g white sugar, preferably caster/superfine
- 2 tsp baking powder
- Pinch of salt

Wet

- 1 cup plain yoghurt (preferably not low fat)
- 3 large eggs (approx 60 - 65g)
- 2 tsp grated lemon zest (1 large or 2 small lemons)
- 1/2 teaspoon vanilla extract or essence
- 1/2 cup vegetable oil (or canola)

Blueberries

- 1 tbsp flour
- 1 1/2 cups frozen or fresh blueberries (no need to defrost)

Optional lemon glaze

- 1 1/2 cups soft icing sugar, sifted
- 2 tbsp lemon juice
- 1-2 tbsp milk



Instructions

1. Preheat oven to 180C/350F.
2. Butter and line a loaf pan (23.5 x 13cm / 8 1/2 x 4 1/4") with parchment / baking paper.
3. Whisk dry ingredients in a bowl. Make a well and add wet ingredients. Use a fork to pierce the yolks then whisk the wet ingredients. Then use a spatula to fold it into the dry ingredients until it is mostly lump free.
4. Toss blueberries in flour then fold into the batter.
5. Pour into the prepared tin. Bake for 50 minutes, then cover with foil. Bake for a further 25 minutes (i.e. 1 hr 15 minutes in total) or until a skewer comes out clean.
6. Rest for 5 minutes then turn onto a cooling rack. Once cooled, drizzle with glaze. Wait until the glaze sets before slicing to serve.

Glaze

Whisk ingredients together until smooth, using milk to achieve a thick smooth glaze. Pour or spread over cake set on a rack over a baking tray.