

LEEDERVILLE GARDENS NEWSLETTER

JULY 2019

37 Britannia Road

Leederville WA 6007

E: tina@villagesolutions.com.au

P: 9242 5602

OFFICE HOURS

Monday to Thursday

8.00am to 4.00pm

Should you have an urgent issue when the office is closed please contact head office on 9355 3400 who will happily assist you



BIRTHDAY MENTIONS

Another birthday can do you no harm. It only adds to your sweetness and Charm. Happy Birthday

- Marilyn Lukey
- Ted Bosman
- Gerald Egan
- Elaine Ho
- Barry West
- Alison Kirwan
- Maureen Sampson
- Fay Corbitt



UPDATES FROM YOUR VILLAGE COMMITTEE

Dear Residents

As the Duty Chairperson (previously known as the Deputy Chairperson) I am writing this on behalf of Alison our Chairperson who is recovering after a major operation for a severely crushed spinal cord and will have to take it slowly for three months. On behalf of the Residents Association and all residents, we wish you, Alison, a good recovery and look forward to seeing your smiling face at coming events in the Village. Those of us who attended the WA Day breakfast appreciated your expertise in making us great coffees. Welcome home Alison and Fergus.

Welcome to our newest neighbours, Fay and George Corbitt who have moved into 66 in the Atrium. We hope you enjoy being in Leederville Gardens.

The FOGO (Food Organics Garden Organics) Session facilitated by City of Vincent personnel was attended by about 20 residents. The printed material provided offers a good guide and they may return to the village for another education session. We are one of the first groups to have the rollout of this new waste collection program. Perhaps we might become an example for other COV residents of good use of this new system aimed at reducing landfill!



Our WA Day Breakfast was a standout event with about 38 attending, including Gerald Egan's beautiful great granddaughters. The set up was welcoming with an artistic arrangement of gumnuts and leaves created by Helen Long, on every table. Our Social Secretary Marion was the Hostess with the Mostess, buzzing around overseeing all things. A good number of amazing and hardworking volunteers who worked before, during and after the breakfast, ensured that all went well. There was a hive of activity in the kitchen with sausages, bacon and scrambled eggs being cooked and croissants, pastries and pancakes heated. Juices were served as residents arrived and of course, Muriel was faithfully selling raffle tickets. Fruit salad and yoghurt and freshly made coffees and toast were offered and then the hot food served. It was an amazing feast to celebrate the holiday for WA. Of course, one usual winner of raffles won yet again. What is your secret, Mike? Thanks to all who made it such a special day and for all who came and enjoyed food, drinks, fun and lots of chatter.



The other exciting news is that Helen Cozens is solely responsible for refilling the vegetable beds and planting a great array of seedlings. You are invited to go and have a look, be inspired and perhaps offer to be on the watering roster when warmer weather comes.

Remember the Annual General Meeting is in August so please think about putting your hand up for the Social Committee or the Residents Association.

On behalf of Alison

Penny Carroll Unit 47



LGRA COMMITTEE POSITIONS

During July, you will receive nomination forms for the above. I plan to remain as Chair for a further term but we really do need some new blood or returning old blood as a few stalwarts are standing down.

We meet once a month on the second Tuesday of the month at 1.30 where possible but this can be changed if you have a prior commitment at that time.

The Village is very settled at present with the Board and VSA running the Village responsibly and smoothly. I am so glad I joined LGRA last year as I have learnt so much and the Association can and does make a difference.

I am available on 0417 995 254 so feel free to call me if you are interested in helping us keep the wishes of the residents a priority wherever we can.



Alison Robinson, Chair, LGRA, Villa 24
P: 0417 995 254
E: alirob215@gmail.com

SOCIAL COMMITTEE

Our first Happy Hour for 5th June was a lot of fun and laughter. Remember – every first Wednesday 5 – 6pm. Herdsman Tavern Meal was very pleasant with 17 residents enjoying the peace and company, but service very slow.



July will bring our annual mid-winter lunch catered for by Mark. The committee decided to create a “Christmas in July”. We shall be celebrating with a Christmas atmosphere of tree, decorations, crackers and mulled wine on entry.

Price will be the same at \$25 with a delicious menu of:



3 Roast Meats with gravy etc.
Roast Vegies and Cauliflower Cheese
Potato Bake

Christmas Pudding custard and icecream
Berry fruit salad
Mince pies.

Wine will be included in the price – so you will be very welcome. This will be a subsidised event so friends and family welcome at \$30

Look forward to seeing you Marion Joy (Social Secretary)

COMING SOON - VILLAGE | RESIDENT JUNE EVENTS

JULY EVENTS

WEDNESDAY 3 JULY

Happy Hour 5.00 to 6.00pm

THURSDAY 4 JULY

Rewind Fitness Class 1.00pm

THURSDAY 11 JULY

Movie Morning 10.30 am in the Clubhouse - 'Dumplin'

THURSDAY 11 JULY

Book Club in the library 4.00pm

MONDAY 15 JULY

Chat with Stefanie from Rosewood – Navigating Residential Care
10.30am in the Clubhouse – Family Welcome – please add your name to the list in the library

THURSDAY 25 JULY

Movie Morning 10.30 am in the Clubhouse

THURSDAY 25 JULY

Rewind Fitness Class 1.00pm

FRIDAY 26 JULY

Christmas in July Lunch



MEDITATION EVERY MONDAY

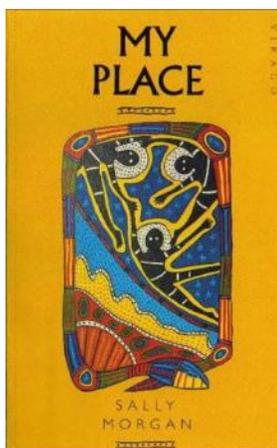
5.30 to 6.30 pm



HEALTH & BEAUTY

GP - DR PETER WINTERTON	<ul style="list-style-type: none"> Thursday 25th July 	Please contact village office to book an appointment
PODIATRIST - ROSLYN GRIEGG	<ul style="list-style-type: none"> Wednesdays 10th and 24th July 	Ring 0422 913 685 for an appointment
HAIRDRESSERS - LINLEY & PETA	<ul style="list-style-type: none"> Every Friday for the month of July 	0418 940 566 or 9284 0530 after 5 pm for an appointment
REWIND CLASSES WITH CARMEL	<ul style="list-style-type: none"> Thursday 4th and 25th July <p>Note classes cancelled for 11th and 18th this month.</p>	\$10 per session or see Carmel for a loyalty card.

BOOK CLUB



Our dedicated organiser Sandra, looks forward to welcoming everyone, especially new members

Date: Thursday 11th July

Time: 4.00 pm

Book: My Place

Author: Sally Morgan

LIBRARY ITEMS EXCHANGE

The delivery dates for July are 9th and 30th

MANAGEMENT AND BOARD UPDATES

June was an eventful month and one that confirmed for me that Leederville Gardens is a very special place to be. On a personal level I have been liaising with the families of several residents whose stay at Leederville Gardens has come to an end. All have confirmed to me their loved ones enjoyed a rich and happy life here made special by enduring friendships and a sense of community. As some residents transition to residential care, Fiona and I have been trying to build our understanding of the best way to navigate this transition and assist residents to maintain connection with Leederville Gardens. We met with the Care Coordinator at Rosewood who was able to give us invaluable

information about charges and the many different arrangements available to people moving into residential care. Consequently, we have invited Stefanie to come along and chat informally with residents on the 15th of July. Please invite your family to come along with you, as knowledge is everything when the time comes to explore these options and this is an ideal opportunity to ask questions.

Residents have also demonstrated a willingness to embrace change and have responded very positively to the new bin system being implemented by the City of Vincent, it is apparent that everyone is keen to protect our environment and reduce the amount of waste going to landfill. At the presentation by the City of Vincent I learned that aerosol cans are now considered to be hazardous waste and should not really be put into any of our bins. To this end, I am happy for residents to drop their empty aerosols off in the office and I will see they get to the recycling centre.

Our other initiatives to reduce water and energy consumption are progressing well too, Lisa our gardener has made a very solid start on transforming the Brentham St gardens to a waterwise garden and solar panels are due to be installed on the Clubhouse this week. The first of the water saving devices will also be installed this month.

With two more villas going under reservation this weekend (villas 29 and 44) it is clear the word is getting out! Everyone who visits loves the environment and feels the positive vibe from residents.

Tina Merry
Village Manager

GARDENING NEWS FROM LISA



Lisa will be off on a well-earned holiday in July and will revert to coming to Leederville Gardens on a Tuesday on her return. Work on making the Brentham St Gardens a little more water wise is well underway and we look forward to enjoying the new look landscaping.

SHARING GREAT IDEAS

Verna would like to share how happy she is with her new shower seat. Gone are the days of plastic chairs taking up space - have a look at this baby! I can provide details of supplier and the contractor who installed the seat if anyone is interested. If, like Verna, you discover a new gadget or fitting that is helpful please let me know and I will include details in the Newsletter.



EVENTS OUTSIDE THE VILLAGE - COMING SOON



AN EVENING WITH SHERLOCK HOLMES

When 4, 5, 6, 7 and 11, 12,13 July 2019

Where Limelight Theatre, Civic Drive, Wanneroo, Western Australia

Concession: \$18.00 Standard: \$21.00 Buy Tickets: 0499 954 016

Directed by theatre president Shelley McGinn, An Evening with Sherlock Holmes is a collection of three separate—yet intertwined—stories spanning 40 years. The first two stories are based on Arthur Conan Doyle’s original Holmes tales but the third is by playwright Jules Tasca, which puts a different spin on things.

It still pays homage to Sherlock Holmes with audiences able to view the famed detective’s complex personality from every angle, whether it’s the sharp humour, sharper intellect, morbid side or the character’s obsessive tendencies.

THANK YOU

An enormous thank you to all residents for making the building assessments conducted by GHD run so smoothly. There were very few changes to the original schedule, and where a change was necessary residents were very flexible and accommodating.

Special thanks also to Ray McNaught for painting all the fire hydrants in the village, not only does this improve their appearance but ensures they are easily located in the event of an emergency.



Thanks too to Jill Kenny for her help with feeding the Aranmore students when they spent the morning at the village last month. Not only did Jill keep the morning tea coming but she took time to teach some of the youngsters how to set up and importantly how to clear away after an event.

TEMPORARY VISITOR PARKING BAYS

No change this month. Currently, only Bay 48 remains available as visitor parking. Please ensure your visitors restrict their parking to the two-hour limit for this bay.

VILLAGE SALES UPDATE

- **Villa 28** - For sale, basic refurbishment and on the market for \$400,000.
- **Villa 29** - **UNDER RESERVATION *****
- **Villa 30** - For sale, basic refurbishment - price reduced to \$375,000.
- **Villa 44** - **UNDER RESERVATION *****
- **Villa 48** - **UNDER RESERVATION *****
- **Apartment 67** - For Sale, full modern refurbishment with fantastic views to the park, on the market for \$495,000 - \$515,000.



HOME OPEN IS HELD WEEKLY TUESDAY AND WEDNESDAY 10.00AM TO 12 NOON AND SATURDAYS 1.30PM TO 2.30PM OR ALTERNATIVELY BY PRIVATE APPOINTMENT

TO MAKE YOU SMILE!

This one is priceless. A lesson to be learned from typing the wrong email address!!

A Perth couple decided to go to Broome to thaw out during a particularly icy winter. They planned to stay at the same hotel where they spent their honeymoon 20 years earlier. Because of hectic schedules, it was difficult to coordinate their travel schedules.

So, the husband left Perth and flew to Broome on Thursday, with his wife flying up the following day. The husband checked into the hotel.

There was a computer in the lobby, so he decided to send an email to his wife.

However, he accidentally left out one letter in her email address, and without realizing his error, sent the e-mail.

Meanwhile, somewhere in Adelaide, a widow had just returned home from her husband's funeral.

He was a minister who was called home to glory following a heart attack.

The widow decided to check her e-mail expecting messages from relatives and friends.

After reading the first message, she screamed and fainted.

The widow's son rushed into the room, found his mother on the floor, and saw the computer screen which read:

To: My Loving Wife

Subject: I've Arrived

Date: March 22, 2018

I know you're surprised to hear from me.

They have computers here now and you are allowed to send emails to your loved ones.

I've just arrived and have been checked in. I've seen that everything has been prepared for your arrival tomorrow. Looking forward to seeing you then!

Hope your journey is as uneventful as mine was.

P. S. Sure, is freaking hot up here!!!!

QUIZ QUESTIONS

1. Which nail grows fastest?
2. What temperature does water boil at?
3. Who discovered penicillin?
4. What Spanish artist said he would eat his wife when she died?
5. Who wrote Julius Caesar, Macbeth and Hamlet?
6. Who wrote Lazarillo de Tormes?
7. What did the crocodile swallow in Peter Pan?
8. Where was Lope de Vega born?
9. Who did Lady Diana Spencer marry?
10. How many states are there in the United States of America?



RECIPE - QUICK PRAWN, COCONUT & TOMATO CURRY

Ingredients

- 2 tbsp vegetable oil
- 1 medium onion, thinly sliced
- 2 garlic cloves, sliced
- 1 green chilli, deseeded and sliced
- 3 tbsp tomato puree
- 200ml vegetable stock
- 200ml coconut cream
- 350g raw prawn

Method

- Heat the oil in a large frying pan. Fry the onion, garlic and half the chilli for 5 mins or until softened. Add the curry paste and cook for 1 min more. Add the tomato purée, stock and coconut cream.
- Simmer on medium heat for 10 mins, then add the prawns. Cook for 3 mins or until they turn opaque. Scatter on the remaining green chillies and coriander sprigs, then serve with rice.

SCAM WATCH

Remote Access Scams try to convince you that you have a computer or internet problem and that you need to buy new software to fix the problem.

How this scam works

- The scammer will phone you and pretend to be a staff member from a large telecommunications or computer company, such as Telstra, the NBN or Microsoft. Alternatively, they may claim to be from a technical support service provider.
- They will tell you that your computer has been sending error messages or that it has a virus. They may mention problems with your internet connection or your phone line and say this has affected your computer's recent performance. They may claim that your broadband connection has been hacked.
- The caller will request remote access to your computer to 'find out what the problem is'.
- The scammer may try to talk you into buying unnecessary software or a service to 'fix' the computer, or they may ask you for your personal details and your bank or credit card details.
- The scammer may initially sound professional and knowledgeable—however they will be very persistent and may become abusive if you don't do what they ask.
- You don't have to be a Telstra or Microsoft customer to be called by these scammers. You don't even have to own a computer!

Warning signs

- You receive a phone call out of the blue and the caller claims to be from a large telecommunications or computer company, or a technical support service provider.
- They tell you that your computer is experiencing technical problems and they need remote access to sort out the problem.
- They ask you to buy software or sign up to a service to fix the computer.
- They ask for your personal details and your bank or credit card details.
- The caller is very persistent and may become abusive.

Protect yourself

- Never give an unsolicited caller remote access to your computer.
- Never give your personal, credit card or online account details over the phone unless you made the call and the phone number came from a trusted source.
- If you receive a phone call out of the blue about your computer and remote access is requested - **hang up** - even if they mention a well-known company such as Telstra. Telstra does not request credit card details over the phone to fix computer or telephone problems, and is not affiliated with any companies that do.
- Remember that you can still receive scam calls even if you have a private number or have listed your number on the Australian Government's Do Not Call Register. Scammers can obtain your number fraudulently.
- Make sure your computer is protected with regularly updated anti-virus and anti-spyware software, and a good firewall. Research first and only purchase software from a source that you know and trust.
- If you have fallen victim to a scam or you receive a lot of unsolicited emails and phone calls consider changing your email address and phone numbers.



Every day may
not be good, but
there is something
good in every day.

QUIZ ANSWERS

1. Middle	2. 100C	3. Fleming	4. Dali	5. Shakespeare	6. Anonymous
7. Alarm Clock	8. Madrid	9. Prince Charles	10. 50		